**Journal of Karnali Academy of Health Sciences (JKAHS)**

**Type of article:** (Eg: Research article, Review article, Mini-Review, Case Report, Short Communication, Opinion, Letter to Editor, Symposium, Commentary, Perspective, Conceptual Paper, Proceeding etc.)

**Title of the Article:** [It should be short and representative of the whole research work]

Authors (List here the names of all the authors)

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1. **Abstract**

The abstract should be clear, descriptive, self-explanatory, and briefly written within 250 words. Do not include references or formulae or any special character in the abstract.

It should be structured into following subheadings:

**Background:** It should contain a brief introduction along with the objective and rationale of your research work.

**Methodology:** It should contain a brief description of the material and method used along with the statistical tools

**Result:** It should contain a brief summary of what you find in your research.

**Conclusion:** It should contain what you find out from your research work.

**Keywords:** Provide minimum 5-6 keywords which represent your research work.
Please write it alphabetical order.

2. **Introduction (Level 1 heading)**
   Introduction should reflect the background on which the research work has been carried out. The last paragraph of the it should include the purpose and rationale of the study.

3. **Methodology**
   It should include all the details of materials and methods that are used to complete the study. The research design, sampling method, sample size calculation, inclusion and exclusion criteria, tools for data collection, statistical tools that have been incorporated for the study should be mentioned.

4. **Results**
   The results section should contain what you found from your research work. The data from your research must be illustrated in tables and figure unless it is applicable.

5. **Discussion**
   The discussion of what your research have found taking references of the previous research work is to be written in this section. The result of your study must be interpreted here in discussion citing the other researchers work.

6. **Conclusion**
   The conclusion should reflect and elucidate how the results correspond to the study presented and provide a concise explanation of the allegation of the findings.

7. **Acknowledgements**
   A short acknowledgement section can be written acknowledging the sources regarding sponsorship and financial support. Acknowledging the contributions of other colleagues who are not included in the authorship of this paper should also be added in this section. If there are no acknowledgements, then this section need not be mentioned in the paper.
8. Conflict of interest
Declare if any financial interest or any conflict of interest exists.

9. References
The references should be listed numerically as per the Vancouver style. About 12 to 18 references is mandatory depending on the type of the article for original article and case report. It may be more in review articles.
Please refer to the author guidelines for the further details about the Vancouver style of referencing.